

2016 Hiking Calendar

Hike Seekers

Trinidad and Tobago



Welcome

Contribution: TT\$50 / Hiker (transport not included)

Meeting Time for All Hikes: 7am

JANUARY							Public Holidays Jan 01 New Year's Day
Su	M	T	W	Th	F	S	10th Black Pool and Rincon Fall Meeting at Maraval Gas Station Cor. Morne Coco Rd. and Saddle Rd, Maraval 24th Paria Waterfall Meeting at Maraval Gas Station Cor. Morne Coco Rd. and Saddle Rd, Maraval
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FEBRUARY							Public Holidays Feb 8 Carnival Monday Feb 9 Carnival Tuesday
Su	M	T	W	Th	F	S	21st Mermaid Pool Meeting outside Arima Hospital
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MARCH							Public Holidays Mar 25 Good Friday Mar 28 Easter Monday Mar 30 S. Baptist Liberation Day
Su	M	T	W	Th	F	S	6th Balandra Basin Meeting outside Arima Hospital 20th Yara Gorges Meeting at Maraval Gas Station Cor. Morne Coco Rd. and Saddle Rd, Maraval 27th Macajuel Pond Meeting outside Arima Hospital
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APRIL							Public Holidays Jun 19 Labor Day
Su	M	T	W	Th	F	S	10th Turure Cascades Meeting outside Arima Hospital 24st Oropouche River Exploration Meeting outside Arima Hospital
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MAY							Public Holidays May 26 Corpus Christi May 30 Indian Arrival Day
Su	M	T	W	Th	F	S	8th Rio Seco Sulphur Spring Meeting outside Arima Hospital 29th Manuelot Waterfall Meeting outside Arima Hospital
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JUNE							Public Holidays Aug 1 Emancipation Day Aug 31 Independence Day
Su	M	T	W	Th	F	S	12th Heights of Guanapo Meeting outside Arima Hospital 26th Cumaca Oil Bird Caves Meeting outside Arima Hospital
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JULY							Public Holidays July 7 Eid-ul-Fitr
Su	M	T	W	Th	F	S	10th Paragant Bay Meeting at Maraval Gas Station Cor. Morne Coco Rd. and Saddle Rd, Maraval 24th Sombasson Falls through Brasso Seco Meeting outside Arima Hospital
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AUGUST							Public Holidays Sept 24 Republic Day
Su	M	T	W	Th	F	S	7th Double River Falls Meeting outside Arima Hospital 21st Matelot Waterfall Meeting outside Arima Hospital
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SEPTEMBER							Public Holidays Dec 25 Christmas Day Dec 26 Boxing Day
Su	M	T	W	Th	F	S	4th Angel Falls Meeting at Maraval Gas Station Cor. Morne Coco Rd. and Saddle Rd, Maraval 18th S'aut Deau Meeting at Maraval Gas Station Cor. Morne Coco Rd. and Saddle Rd, Maraval
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OCTOBER							Public Holidays Oct 30 Divali
Su	M	T	W	Th	F	S	9th Avocat Falls (Loop) Meeting at Maraval Gas Station Cor. Morne Coco Rd. and Saddle Rd, Maraval 23rd Habio Falls Outside TML Mosque Eastern Main Road, St. Joseph
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NOVEMBER							Public Holidays Dec 25 Christmas Day Dec 26 Boxing Day
Su	M	T	W	Th	F	S	6th Tamana Bat Caves Outside PriceSmart, Mausica Churchill Roosevelt Highway 20th Aripo River Exploration Meeting outside Arima Hospital
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DECEMBER							Public Holidays Dec 25 Christmas Day Dec 26 Boxing Day
Su	M	T	W	Th	F	S	MERRY CHRISTMAS! HAPPY NEW YEAR
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For Info Call: Laurence aka Snake Man @ 399 1135; 784 3296; 758 0368

Web: www.hikeseekers.com

Facebook: www.facebook.com/hikeseekers.snakeman

Email: info@hikeseekers.com

Private Tours Available: Call for Information



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Black Pool and Rincon Falls	A short but exciting hike to a small but refreshing waterfall then a moderate but invigorating climb to a spectacular waterfall with a clear pool ideal for splashing.
Paria Waterfall	A lovely coast line trek through the Blanchisseuse Reserve Forest passing Balata Bay, Turtle Rock and Paria Bay onward to the highly sort after Paria Waterfall.
Mermaid Pool	A fun walk down to the river through lush green forest decorated by pine trees and towering flora.
Balandra Basins	Moderate hike through the Balandra Forest to the refreshing waterfall flowing into a beautiful basin ideal for bathing and cooling off.
Yara Gorges	A moderate and exciting hike down the river, travelling through the naked Indian trees to various pools and streams ideal for bathing. You may walk with a life jacket, if you have one.
Macajuel Pond	A moderate hike through the rainforest with cocoa and coffee estates, crossing rivers and streams leading to a refreshingly large basin of mountain water.
Turure Cascades	An exciting hike through the rainforest to a series of limestone rock formations and waterfalls which form a water staircase with refreshing pools.
Oropuche River Exploration	An exploration of this wonderful watercourse which originates from Aripo and supplies water to the WASA North Oropouche Treatment Plant.
Rio Seco Sulphur Springs	A moderate hike through rainforest along the river and streams to the Sulphur Spring and Cave.
Manuelot Waterfall	An exciting journey to this captivating waterfall which forms at the meeting of the Matelot River and the Manuelot River with a limestone wall adding to the remarkable appeal of the landscape.
Heights of Guanapo	An easy and exciting hike to a beautiful pool of clear green water fed by a gushing waterfall enclosed by lush green flora and fauna.
Cumaca Oil Bird Cave	The home of the endangered oil bird caves; an exciting trek through the jungle on a narrow trail to the secluded caves where we enter to view the oil birds and soak in the cold mountain water.
Paragant Bay	A challenging and picturesque walk along the maracas ridge with a breathtaking view of the north coast and then a gradual descent to this lovely beach.
Sombasson Falls through Brasso Seco	A journey into the rainforest through nutmeg, tankabean, cocoa and coffee estates then trekking along the river to an enchanting waterfall.
Double River Falls	An easy journey on mainly flat trail road with few inclines along the way all leading to an estimated 90 feet high waterfall with a small pool at the base for cooling off and relaxing.
Matelot Waterfall	Begin at the Matelot Beach and head inward trekking along the river, crossing streams and blazing along mountain trails in the Matelot Forest taking occasional dips on the way splashing in the many pools until meeting the captivating Falls of Matelot.
Angel Falls	After an invigorating hike through the rainforest, this waterfall makes you think that you are as privileged as the angels allowing you to escalate to the various high points of the Falls basking in fresh air and clean spring water.
S'aut Deaux	An invigorating hike through Paramin village to a quiet and secluded beach. The uphill return can be intense so come prepared for the challenge.
Avocat Falls (Loop)	A beautiful trek to the Avocat Waterfall then we take the journey further into the gorges and streams to 3 Pools and exit at the Spring Bridge in Blanchisseuse.
Habio Falls	A challenging hike through the rainforest to a spectacular, breathtaking and cascading waterfall.
Tamana Bat Caves	A very easy hike to a very old bat cave located on one of Taman's hills. Explore the cave system and witness the clutter of thousands of bats.
Aripo River Explorations	An exciting trek down the Aripo river through clear green river water to the refreshing Aripo Basin.

HEALTH / SAFETY: Hiking can be a very strenuous exercise. You are advised to be certain of your medical condition before attempting these hikes.

CLOTHING: Wear comfortable, loose fitting clothes (long pants preferably nylon track pants and a t-shirt) and swimwear along with comfortable hiking shoes/sneakers and socks. An extra change of dry clothing should be packed for your return home.

WHAT TO TAKE WITH YOU: High energy foods (e.g. protein bars, granola bars, sandwiches, salt prunes, chocolate, glucose powder, hydration salts), sufficient water supply, first aid kit including any personal medication, bright flashlight with extra batteries, 25 feet of rope, knife, cutlass secured in proper case.

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