

2017 Hiking Calendar

Contribution: TT\$50 / Hiker (transport not included)

Meeting Time for All Hikes: 7am

<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #008000; color: white;"> <th colspan="7">JANUARY</th> </tr> <tr> <th>Su</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </tbody> </table> <p>Public Holidays Jan 01 New Year's Day</p> <p>29th Sobo Waterfall Meeting outside Arima Hospital (Carpark)</p>	JANUARY							Su	M	T	W	Th	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #008000; color: white;"> <th colspan="7">FEBRUARY</th> </tr> <tr> <th>Su</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td><td></td></tr> </tbody> </table> <p>Public Holidays Feb 27 Carnival Monday Feb 28 Carnival Tuesday</p> <p>5th Paria Waterfall Meeting at Maraval Gas Station Cor. Morne Coco Rd. and Saddle Rd, Maraval</p> <p>19th Mystery Pool Meeting outside Arima Hospital</p>	FEBRUARY							Su	M	T	W	Th	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28					<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #008000; color: white;"> <th colspan="7">MARCH</th> </tr> <tr> <th>Su</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </tbody> </table> <p>Public Holidays Mar 30 S. Baptist Liberation Day</p> <p>5th Brasso Seco River Exploration Meeting outside Arima Hospital</p> <p>19th Macajuel Pond Meeting outside Arima Hospital</p>	MARCH							Su	M	T	W	Th	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31								
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For Info Call: **Laurence aka Snake Man** @ 399 1135; 784 3296; 758 0368

Web: www.hikeseekers.com

Facebook: www.facebook.com/hikeseekers

Email: hikeseekers@hotmail.com

Private Tours: Call for Information



OUR EXPERIENCE: Our hike leaders have over twenty-six (26) years' experience in hiking and conducting tours into the rain forest of Trinidad & Tobago. Our Hike Master Mr. Laurence Pierre has been a member of the Trinidad & Tobago Defence Force for over twenty-four (24) years; his experience includes handling snakes and other wild animals. He is highly trained and able to handle any situation that may arise.

WHAT YOU CAN EXPERIENCE: A hiking adventure in the rain forest, swimming in the sea, cooling off under a jungle water fall, splashing through a mountain river, visits to remote caves to see the endangered oil birds and a wide variety of forest bats, witness the ancient ritual of giant Leatherback sea turtle nesting/ hatching on a secluded beach.

WHAT WE CAN OFFER YOU: Easy walks in natural surroundings; Moderate hikes in the rainforest; Strenuous treks through wild country or very strenuous rugged hiking and overnight camping trips into the mountain rainforest of Trinidad.

HEALTH / SAFETY: Hiking can be a very strenuous exercise. You are advised to be certain of your medical condition before attempting these hikes.

CLOTHING: Wear comfortable, loose fitting clothes (long pants preferably nylon track pants and a t-shirt) and swimwear along with comfortable hiking shoes/sneakers and socks. An extra change of dry clothing should be packed for your return home.

WHAT TO TAKE WITH YOU: High energy foods (e.g. protein bars, granola bars, sandwiches, salt prunes, chocolate, glucose powder, hydration salts), sufficient water supply, first aid kit including any personal medication, bright flashlight with extra batteries, 25 feet of rope, knife, cutlass secured in proper case.

Note: Please keep in touch with us via email, Facebook or telephone for more information and for any updates.
Hikes are graded in a flexible standard that only the individual, as he/she experiences each different grade of hike, can assess for themselves, according to their own capabilities and fitness levels.
Depending on the destination and route, some hikes may involve swimming and/or rock climbing or rappelling using rope.
You should contact a Group Official for further details on any hike.

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