

2021 Hiking Calendar

Hike Seekers

Trinidad and Tobago



Welcome

Meeting Time for All Hikes: 7am Contribution: TT\$50 / Hiker (transport not included) plus \$20/vehicle

JANUARY							Public Holidays	FEBRUARY							Public Holidays	MARCH							Public Holidays
Su	M	T	W	Th	F	S	Jan 01 New Year's Day	Su	M	T	W	Th	F	S	7 th Guanapo Mystery Pool (M) Arima Hospital (Carpark)	Su	M	T	W	Th	F	S	Mar 30 S. Baptist Liberation Day
					1	2	HAPPY NEW YEAR! WE WELCOME YOU FOR ANOTHER YEAR OF ADVENTURES!		1	2	3	4	5	6	21 st Maracas St. Joseph Waterfall (B) Outside St. Joseph Police Station, Eastern Main Road, St. Joseph		1	2	3	4	5	6	7 th Tomasson Falls (M/C) Arima Hospital (Carpark)
3	4	5	6	7	8	9	24 th Macqueripe Basins (B) Outside Pier 1, Chaguaramas	7	8	9	10	11	12	13		7	8	9	10	11	12	13	21 st Balandra Basin (B) Arima Hospital (Carpark)
10	11	12	13	14	15	16		14	15	16	17	18	19	20		14	15	16	17	18	19	20	
17	18	19	20	21	22	23		21	22	23	24	25	26	27		21	22	23	24	25	26	27	
24	25	26	27	28	29	30		28							28	29	30	31					
31																							
APRIL							Public Holidays	MAY							Public Holidays	JUNE							Public Holidays
Su	M	T	W	Th	F	S	Apr 2 Good Friday Apr 5 Easter Monday	Su	M	T	W	Th	F	S	May 12 Eid-UI-Fitr (TBD) May 30 Indian Arrival Day	Su	M	T	W	Th	F	S	Jun 3 Labour Day Jun 19 Corpus Christi
				1	2	3	4 th Sombasson Waterfall (C) Arima Hospital (Carpark)							1	2 nd Marianne River Exploration (B) Arima Hospital (Carpark)			1	2	3	4	5	13 th Sulphur Spring (M) Arima Hospital (Carpark)
4	5	6	7	8	9	10	18 th Yara Gorges (C) Maraval Gas Station (Cor. Morne Coco Rd. and Saddle Rd, Maraval)	2	3	4	5	6	7	8	16 th Macajuel Pond (M/C) Arima Hospital (Carpark)	6	7	8	9	10	11	12	27 th Turure Cascades (M) Arima Hospital (Carpark)
11	12	13	14	15	16	17		9	10	11	12	13	14	15	30 th Paria Waterfall (C) Maraval Gas Station (Corner Morne Coco Rd. and Saddle Rd, Maraval)	13	14	15	16	17	18	19	
18	19	20	21	22	23	24		16	17	18	19	20	21	22		20	21	22	23	24	25	26	
25	26	27	28	29	30			23	24	25	26	27	28	29		27	28	29	30				
								30	31														
JULY							Public Holidays	AUGUST							Public Holidays	SEPTEMBER							Public Holidays
Su	M	T	W	Th	F	S	11 th Black Pool and Rincon Waterfall (M/C) Maraval Gas Station (Cor. Morne Coco Rd. and Saddle Rd, Maraval)	Su	M	T	W	Th	F	S	Aug 1 Emancipation Day Aug 31 Independence Day	Su	M	T	W	Th	F	S	Sept 24 Republic Day
				1	2	3	25 th Mermaid Pool Exploration (M) Arima Hospital (Carpark)								8 th Cyril Bay (M) Maraval Gas Station (Cor. Morne Coco Rd. and Saddle Rd, Maraval)			1	2	3	4	12 th Morne Le Croix Trails (M) Arima Hospital (Carpark)	
4	5	6	7	8	9	10		1	2	3	4	5	6	7	29 th Rampanalgas Falls (B) Arima Hospital (Carpark)	5	6	7	8	9	10	11	26 th Habio Cascade (C) Outside St. Joseph Police Station, Eastern Main Road, St. Joseph
11	12	13	14	15	16	17		8	9	10	11	12	13	14		12	13	14	15	16	17	18	
18	19	20	21	22	23	24		15	16	17	18	19	20	21		19	20	21	22	23	24	25	
25	26	27	28	29	30	31		22	23	24	25	26	27	28		26	27	28	29	30			
								29	30	31													
OCTOBER							Public Holidays	NOVEMBER							Public Holidays	DECEMBER							Public Holidays
Su	M	T	W	Th	F	S	10 th Avocat Falls (M/C) Maraval Gas Station (Cor. Morne Coco Rd. and Saddle Rd, Maraval)	Su	M	T	W	Th	F	S	Nov 4 Divali (TBD)	Su	M	T	W	Th	F	S	Dec 25 Christmas Day Dec 26 Boxing Day
				1	2	24 th Paragrant Bay (C) Maraval Gas Station (Cor. Morne Coco Rd. and Saddle Rd, Maraval)					4	5	6	7 th Blue Basins (B) Brian Lara Promenade (Opposite Republic Bank)			1	2	3	4	SEASONS GREETINGS. MERRY CHRISTMAS TO ALL!		
3	4	5	6	7	8	9		1	2	3	4	5	6	21 st Rampanalgas Bay (B) Arima Hospital (Carpark)	5	6	7	8	9	10	11		
10	11	12	13	14	15	16		7	8	9	10	11	12	13		12	13	14	15	16	17	18	
17	18	19	20	21	22	23		14	15	16	17	18	19	20		19	20	21	22	23	24	25	
24	25	26	27	28	29	30		21	22	23	24	25	26	27		26	27	28	29	30	31		
31								28	29	30													

For Info Call: Laurence aka Snake Man @ 399 1135; 784 3296; 758 0368

Web: www.hikeseekers.com

Facebook: www.facebook.com/hikeseekers

Email: hikeseekers@hotmail.com

Private Tours: Call for Information





OUR EXPERIENCE: Our hike leaders have over twenty-six (26) years' experience in hiking and conducting tours into the rain forest of Trinidad & Tobago. Our Hike Master Mr. Laurence Pierre has been a member of the Trinidad & Tobago Defence Force for over twenty-four (24) years; his experience includes handling snakes and other wild animals. He is highly trained and able to handle any situation that may arise.

WHAT YOU CAN EXPERIENCE: A hiking adventure in the rain forest, swimming in the sea, cooling off under a jungle water fall, splashing through a mountain river, visits to remote caves to see the endangered oil birds and a wide variety of forest bats, witness the ancient ritual of giant Leatherback sea turtle nesting/ hatching on a secluded beach; easy walks in natural surroundings; moderate hikes in the rainforest; strenuous treks through wild country or very strenuous rugged hiking and overnight camping trips into the mountain rainforests of Trinidad.

HIKE RATINGS: Beginner (B) > Moderate (M) > Moderately Challenging (M/C) > Challenging (C)

HEALTH / SAFETY: Hiking can be a very strenuous exercise. Consult with a physician to ensure you are in good health to participate in any hiking activity.

CLOTHING: Wear comfortable, loose fitting clothes (long pants preferably nylon track pants and a t-shirt) and swimwear along with comfortable hiking shoes/sneakers and socks. Pack an extra change of dry clothing for your return home: towel, top, pants, underwear, footwear.

WHAT TO TAKE WITH YOU:

- Life jacket if you own one
- A proper backpack
- Sufficient water supply
- High energy foods (e.g. protein bars, granola bars, sandwiches, salt prunes, chocolate, glucose powder, hydration salts)
- First aid kit especially any personal medication
- 25 feet of rope
- Reliable knife
- Bright weather resistant headlight or flashlight with extra batteries
- Cutlass secured in proper case.

Notes: Please keep in touch with us via telephone or email for more information and for any updates. Hikes are graded according to a general standard and the experience is subject to each individual's own capabilities and fitness levels. Depending on the destination and route, some hikes may involve swimming and/or rock climbing or rappelling using rope. You should contact a Group Official for further details on any hike. Each hiker is required to review, complete, sign and submit a Hike Seekers Registration Form and Disclaimer Form prior to any hike. Hike Leaders reserve the right to cancel hikes and/or make changes to destinations if necessary.

SEEK TO CONQUER THE MOUNTAINS AND VALLEYS THAT SURROUND US.

ARE YOU READY?

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