MONTH	DATE	DESTINATION	LEVEL	ASSEMBLY POINT
January		HAPPY NEW YEAR! WELCOME TO ANOTHER YEAR OF ADVENTURES!		
February	20th	Rampanalgas Waterfall	Beginner (B)	Arima Hospital (Carpark)
March	13th	Balandra Basins	Beginner (B)	Arima Hospital (Carpark)
	27th	Morne Le Croix Trails	Moderately Challenging (M/C)	Arima Hospital (Carpark)
April	10th	Double River Falls	Beginner (B)	Arima Hospital (Carpark)
	24th	Black Pool and Rincon Waterfall	Moderately Challenging (M/C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds.
May	8th	Matelot Waterfall	Moderate (M)	Arima Hospital (Carpark)
	22nd	Marianne River Exploration	Moderately Challenging (M/C)	Arima Hospital (Carpark)
June	5th	Angel Falls	Challenging (C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds.
	19th	Macajuel Pond	Moderately Challenging (M/C)	Arima Hospital (Carpark)
July	3rd	Turure Cascades	Moderate (M)	Arima Hospital (Carpark)
	17th	Paria Falls	Challenging (C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds.
August	7th	Madamas Waterfall	Moderately Challenging (M/C)	Arima Hospital (Carpark)
	21st	Cyril Bay	Moderate (M)	Maraval Gas Station, Corner Morne Coco and Maraval Rds.
September	4th	Habio Cascade	Challenging (C)	Outside St. Joseph Police Station, Eastern Main Road
	18th	Sombasson Falls	Challenging (C)	Arima Hospital (Carpark)
October	2nd	Mystery Pool Guanapo	Moderate (M)	Arima Hospital (Carpark)
	16th	Paragrant Bay	Challenging (C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds.
November	13th	North Oropouche River Exploration	Moderately Challenging (M/C)	Arima Hospital (Carpark)
	27th	Cumaca River	Beginner (B)	Arima Hospital (Carpark)
December	SEASONS GREETINGS AND MERRY CHRISTMAS TO ALL!			