

MONTH	DATE	DESTINATION	LEVEL	MEETING POINT
January	15th	Balandra Basin	Easy (E)	Arima Hospital (Carpark)
	29th	Matura Gorges to Mermaid Pond	Moderate (M)	Arima Hospital (Carpark)
February	12th	Paragrant Bay	Challenging (C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds, Maraval
	26th	Macajuel Pond	Challenging (C)	Arima Hospital (Carpark)
March	12th	Guanapo Gorges	Challenging (C)	Arima Hospital (Carpark)
	26th	Angel Falls	Moderately Challenging (M/C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds, Maraval
April	16th	Yarra Gorges	Challenging (C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds, Maraval
	30th	Rampanalgas Waterfall	Easy (E)	Arima Hospital (Carpark)
May	14th	Avocat Falls to 3 Pools	Moderate (M)	Maraval Gas Station, Corner Morne Coco and Maraval Rds, Maraval
	28th	Mystery Pool	Challenging (C)	Arima Hospital (Carpark)
June	11th	Black Pool and Rincon Waterfall	Moderately Challenging (M/C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds, Maraval
	25th	Cyril Bay	Moderate (M)	Maraval Gas Station, Corner Morne Coco and Maraval Rds, Maraval
July	9th	Sombasson Waterfall	Moderately Challenging (M/C)	Arima Hospital (Carpark)
	23rd	Madamas Waterfall	Moderately Challenging (M/C)	Arima Hospital (Carpark)
August	6th	Manuelot Waterfall	Challenging (C)	Arima Hospital (Carpark)
	20th	Tomasson Waterfall	Challenging (C)	Arima Hospital (Carpark)
September	3rd	Habio Waterfall	Challenging (C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds, Maraval
	17th	Turure Cascades	Easy (E)	Arima Hospital (Carpark)
October	8th	North Oropouche River Exploration	Moderately Challenging (M/C)	Arima Hospital (Carpark)
	22nd	Paria Waterfall	Challenging (C)	Maraval Gas Station, Corner Morne Coco and Maraval Rds, Maraval
November	5th	Matelot Waterfall	Moderate (M)	Arima Hospital (Carpark)
	19th	Mystery Pool Heights of Guanapo	Easy (E)	Arima Hospital (Carpark)
December		SEASONS GREETINGS AND	MERRY CHRISTMAS TO ALL	